

Psychiatry Access for Youth in Nanaimo

Child & Youth Mental Health

- Internal clinician referral to *Dr. J. Locke* from Vancouver

Central Island Child and Adolescent Psychiatry Program (CICAPP)

- Accepts referrals from GP/NP or Paediatrician after local services (eg. CYMH) have been exhausted, *Dr. C. Ohiaeri*

Discovery Youth & Family Substance Use Services

- Internal clinician referral to *Dr. C. Ohiaeri*

Developmental Disabilities Mental Health Team

- Referral to *Dr. G. Ferguson* initiated by Child & Youth with Support Needs (CYSN) social worker, supported by paediatrician

First Nations Health Authority

- Virtual Substance Use and Psychiatry Program accepts referrals from health and wellness providers (general practitioners, nurse practitioners, registered nurses, licensed practical nurses and registered psychiatric nurses, addictions workers, wellness workers, Traditional Medicine specialists, mental health counsellors, community health reps, treatment centre staff, the First Nations Virtual Doctor of the Day service and mental health counsellors registered with First Nations Health Benefits.)

Ledger/Anscomb Programs

- Accepts referrals from primary care or specialist physicians - Assessment by *Victoria Psychiatrist* may part of the program
- Ledger is an inpatient assessment facility located in Victoria
- Anscomb is an outpatient assessment team run from Victoria

Compass Clinic

- Primary Care or Specialist physicians may request telephone consultation with *BC Children's Hospital Psychiatrist*